


























































Pattern Name: Mini Vibrant Health
Designed By: Michele Sayetta
Company: Heaven and Earth Designs Inc.
Copyright: Katie Berggren 2023 ©
Fabric: Linen 25, White
 260w X 325h Stitches
Size: 25 Count, 10-3/8w X 13h in

Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
■ x	2	DMC	169	Pewter-LT
■ y	2	DMC	225	Shell Pink-ULVYLT
■ **	2	DMC	300	Mahogany-VYDK
■ n	2	DMC	301	Mahogany-MD
■ ■	2	DMC	310	Black
■ ?	2	DMC	317	Pewter Gray
■ †	2	DMC	370	Mustard-MD
■ *	2	DMC	372	Mustard-LT
■ ▼	2	DMC	400	Mahogany-DK
■ ‡	2	DMC	402	Mahogany-VYLT
■ ●	2	DMC	413	Pewter Gray-DK
■ ⊙	2	DMC	415	Pearl Gray
■ =	2	DMC	434	Brown-LT
■ †	2	DMC	436	Tan
■ ☆	2	DMC	452	Shell Gray-MD
■ ♠	2	DMC	524	Fern Green-VYLT
■ ■	2	DMC	610	Drab Brown-DK
■ ⊗	2	DMC	632	Desert Sand-ULVYDK
■ ⊗	2	DMC	640	Beige Gray-DK
■ ⊖	2	DMC	645	Beaver Gray-VYDK
■ ⊕	2	DMC	648	Beaver Gray-LT
■ ⊞	2	DMC	676	Old Gold-LT
■ †	2	DMC	729	Old Gold-MD
■ ↖	2	DMC	738	Tan-VYLT
■ □	2	DMC	745	Yellow-LT Pale
■ †	2	DMC	762	Pearl Gray-VYLT
■ ■	2	DMC	779	Cocoa-DK
■ †	2	DMC	782	Topaz-DK
■ ★	2	DMC	783	Topaz-MD
■ †	2	DMC	792	Cornflower Blue-DK
■ †	2	DMC	794	Cornflower Blue-LT
■ †	2	DMC	796	Royal Blue-DK

Symbol	Strands	Type	Number	Color
	«	2	DMC 798	Delft Blue-DK
	∅	2	DMC 801	Coffee Brown-DK
	♥	2	DMC 803	Baby Blue-UL VY DK
	↓	2	DMC 814	Garnet-DK
	⊙	2	DMC 815	Garnet-MD
	⊗	2	DMC 820	Royal Blue-VY DK
	⬢	2	DMC 823	Navy Blue-DK
	↘	2	DMC 824	Blue-VY DK
	⊕	2	DMC 825	Blue-DK
	⊗	2	DMC 826	Blue-MD
	◆	2	DMC 830	Golden Olive-DK
	z	2	DMC 833	Golden Olive-LT
	⊗	2	DMC 842	Beige Brown-VY LT
	⊕	2	DMC 844	Beaver Brown-UL DK
	✕	2	DMC 902	Antique Mauve-VY DK
	◐	2	DMC 918	Red Copper-DK
	⊕	2	DMC 919	Red Copper
	⊙	2	DMC 920	Copper-MD
	*	2	DMC 921	Copper
	⊙	2	DMC 922	Copper-LT
	♣	2	DMC 930	Antique Blue-DK
	☾	2	DMC 931	Antique Blue-MD
	◐	2	DMC 936	Avocado Green-DK MD
	∇	2	DMC 938	Coffee Brown-UL DK
	■	2	DMC 939	Navy Blue-VY DK
	⊕	2	DMC 950	Desert Sand-LT
	▨	2	DMC 975	Golden Brown-DK
	⊕	2	DMC 3012	Khaki Green-MD
	■	2	DMC 3031	Mocha Brown-VY DK
	⊙	2	DMC 3033	Mocha Brown-VY LT
	◐	2	DMC 3041	Antique Violet-MD
	⊕	2	DMC 3051	Green Gray-DK
	⊙	2	DMC 3072	Beaver Gray-VY LT
	◇	2	DMC 3078	Golden Yellow-VY LT
	↘	2	DMC 3364	Pine Green
	III	2	DMC 3371	Black Brown
	↘	2	DMC 3750	Antique Blue-VY DK
	⊗	2	DMC 3752	Antique Blue-VY LT
	∴	2	DMC 3756	Baby Blue-UL VY LT
	√	2	DMC 3770	Tawny-VY LT
	⊕	2	DMC 3771	Terra Cotta-UL VY LT
	◆	2	DMC 3772	Desert Sand-VY DK

Symbol	Strands	Type	Number	Color
 ◻	2	DMC	3773	Desert Sand-MD
 ◻	2	DMC	3776	Mahogany-LT
 ◻	2	DMC	3778	Terra Cotta-LT
 ◻	2	DMC	3779	Rosewood-UL VYLT
 ◻	2	DMC	3787	Beige Gray-VYDK
 ◻	2	DMC	3799	Pewter Gray-VYDK
 ◻	2	DMC	3821	Straw
 ◻	2	DMC	3829	Old Gold-VYDK
 ◻	2	DMC	3830	Terra Cotta-MD
 ◻	2	DMC	3842	Wedgewood-DK
 ◻	2	DMC	3856	Mahogany-UL VYLT
 ◻	2	DMC	3860	Cocoa
 ◻	2	DMC	3862	Mocha Beige-DK
 ◻	2	DMC	3863	Mocha Beige-MD
 ◻	2	DMC	3865	Winter White

Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
DMC	169	855	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	225	1092	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	300	403	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	301	242	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	310	1909	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	317	1080	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	370	759	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	372	785	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	400	133	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	402	1156	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	413	664	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	415	169	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	434	753	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	436	751	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	452	392	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	524	382	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	610	784	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	632	1030	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	640	598	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	645	716	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	648	162	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	676	1020	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	729	939	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	738	642	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	745	181	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	762	269	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	779	1873	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	782	82	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	783	433	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	792	214	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	794	486	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	796	692	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	798	628	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	801	1218	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	803	1571	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	814	2546	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
DMC 815	815	492	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 820	820	2086	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 823	823	2840	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 824	824	1246	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 825	825	596	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 826	826	650	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 830	830	942	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 833	833	888	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 842	842	773	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 844	844	507	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 902	902	2782	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 918	918	353	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 919	919	316	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 920	920	238	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 921	921	244	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 922	922	407	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 930	930	1475	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 931	931	451	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 936	936	89	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 938	938	1538	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 939	939	9011	0	0	0	0.0	0.0	0.0	0	0	3.000
DMC 950	950	1349	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 975	975	476	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3012	3012	422	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3031	3031	871	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3033	3033	515	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3041	3041	350	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3051	3051	416	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3072	3072	202	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3078	3078	169	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3364	3364	318	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3371	3371	4938	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC 3750	3750	936	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3752	3752	128	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3756	3756	464	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3770	3770	1060	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3771	3771	1819	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3772	3772	906	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3773	3773	1527	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3776	3776	642	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3778	3778	1299	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 3779	3779	976	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC	3787	795	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3799	1231	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3821	859	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3829	905	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3830	542	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3842	873	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3856	390	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3860	641	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3862	1329	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3863	795	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	3865	824	0	0	0	0.0	0.0	0.0	0	0	1.000